



Guildhall Surgery

East Kent MECS

The East Kent Minor Eye Care Service (MECS) is an NHS funded service which provides patients aged 5 and over, experiencing certain eye conditions with appropriate treatment closer to home. The service is provided by local optometrists with the specialist knowledge and skills to carry out this work at a locally approved optical practice. Please click [here](#) for a list of participating practices.

Conditions covered by the service are as follows:

- Sudden or recent reduction in vision in one or both eyes
- Red eye(s) or eye lids
- Pain and/or discomfort in the eyes, around the eye area or temples
- Recent onset or sudden increase of flashes and/or floaters in one or both eyes (appears like a fly, black specks or a cobweb moving across your vision)
- Mild trauma, for example a scratch to the outer surface of the eye(s) or lids(s)
- Suspected foreign body in the eye
- Dry eye
- Significant recent discharge from or watering of the eye
- Trichiasis (in growing eyelashes)

If you are unsure whether your symptoms qualify, please contact one of the approved opticians who can offer help and advice.

You can contact any of the approved opticians yourself and ask to make a MECS appointment. Alternatively, if you make an appointment to see your GP, they may refer you to the optometrist for treatment.

What happens when I see the optometrist?

Please take a list of all current medications and your current glasses with you to the appointment.

The optometrist will discuss your eye history, any symptoms you may be experiencing and any related medical history. You will receive an eye assessment relevant to your symptoms.

- Given appropriate treatment by the optometrist, which may include a follow-up appointment
- Referred to your GP for appropriate treatment if your eye condition is related to your general health
- Referred directly to the hospital eye service if your eye condition is more serious.



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Conditions not covered by the service are as follows:

If you have any of the following conditions you must go directly to your nearest Accident and Emergency Department:

- Sudden loss of vision in one or both eyes
- Considerable eye pain
- Significant trauma, such as a penetrating injury or lacerations to the eye(s) or lid(s)
- Chemical injury or burns
- Problems arising from recent eye surgery

In addition, if you have an eye condition that is being monitored regularly by your optometrist or hospital eye service, such as cataracts, glaucoma or dry eye, this will not be covered by MECS.

3 October 2024

East Kent MECS Practices

Search:

Area	Practice	Address	Telephone
Ashford	Brownbills Optometrists	Norwood Street, Ashford, TN23 1QT	01233 625360
Ashford	Cargills Optometrists	7 North Street, Ashford, TN24 8LF	01233 620597
Ashford	Specsavers Opticians	36 County Square, Ashford, TN23 1YD	01233 629999
Ashford	Specsavers Opticians	Simone Weil Ave, Ashford, TN24 8YN	01233 622055
Birchington	R&J Moore	47 Station Road, Birchington, CT7 9DJ	01843 846016
Broadstairs	Boots Opticians	7 Margate Road, Broadstairs, CT10 2BF	01843 862961
Broadstairs	R&J Moore	87 High Street, Broadstairs, CT10 1NQ	01843 864866
Canterbury	Boots Opticians	12 Gravel Walk, Canterbury, CT1 2TF	01227 462106
Canterbury	Cargills Optometrists	59 St. Peter's Street, Canterbury, CT1 5JL	01227 766670
Canterbury	Pybus Opticians	5 Palace Street, Canterbury, CT1 2DY	01227 760501
Canterbury	Specsavers Opticians	7 Rose Lane, Canterbury, CT1 2SJ	01227 811580
Deal	Biggs Opticians	68 High Street, Deal, CT14 6HE	01304 381330
Deal	Boots Opticians	26-28 High Street, Deal, CT14 7AE	01304 375794
Deal	Eye Deal Opticians (No step-free access)	15 Prince of Wales Terrace, Deal, CT14 7BE	01304 783085
Deal	Specsavers Opticians	13 High Street, Deal, CT14 7AA	01304 382420
Dover	Biggs Opticians	5-7 High Street, Dover, CT16 1DP	01304 201000
Dover	Specsavers Opticians	Unit 2, 11-16 Biggin Street, Dover, CT16 1BD	01304 242020
Faversham	Eye Emporium	8 Market Street, Faversham, ME13 7AA	01795 532803
Faversham	Faversham Medical Practice	Bank Street, Faversham, ME138QR	01795 501724
Faversham	Optima Opticians	4 Jacob Yard, Preston Street, Faversham, ME13 8NY	01795 531885
Faversham	Specsavers Opticians	1 Preston Street, Faversham, ME13 8NS	01795 538319
Folkestone	Cargills Optometrists	122 Sandgate Road, Folkestone, CT20 2BW	01303 254471
Folkestone	Eye Folk	20 Guildhall Street, Folkestone, CT20 1DZ	01303 252345
Folkestone	Folkestone Eye Centre	21D Basepoint Folkestone, Shearway Business Park, CT19 4RH	01795 542322
Folkestone	Specsavers Opticians	Sainsbury's, Park Farm Road, Folkestone, CT19 5GA	01303 256195
Folkestone	Specsavers Opticians	14 Bouverie Place, Folkestone, CT20 1AU	01303 212010
Hythe	ArchaeOptix	50 High Street, Hythe, CT21 5AT	01303 488898
Hythe	Cargills Optometrists	139 High Street, Hythe, CT21 5JL	01303 266458
Hythe	David Snow Opticians	12 High Street, Hythe, CT21 5AT	01303 263770
Herne Bay	Specsavers Opticians	6 The Boulevard, Altira Park, Herne Bay, CT6 6GZ	01227 372836
Margate	Bethesda Medical Practice	Palm Bay Avenue, Margate, Kent, CT9 3NR	01843 209343
Ramsgate	R&J Moore	35 Queen Street, Ramsgate, CT11 9DZ	01843 593027
Ramsgate	Specsavers Opticians	Sainsbury's, Dadson Way, Ramsgate, CT12 5FJ	01843 231232
Ramsgate	Specsavers Opticians	37 High Street, Ramsgate, CT11 9AG	01843 853856
Sandwich	R&J Moore	16a King Street, Sandwich, CT13 9BT	01304 614322
Sittingbourne	John High Opticians	73 High Street, Sittingbourne, Kent, ME10 4AW	01795 472525
Sittingbourne	Specsavers Opticians	Unit 7/8, The Forum, Sittingbourne, ME10 3DL	01795 436100
Tenterden	Specsavers Opticians	59 High Street, Tenterden, TN30 6BE	01580 392393
Tenterden	Wilson Wilson and Hancock	7 High Street, Tenterden, TN30 6BN	01580 762069
Whitstable	Estuary View Medical Centre	Boorman Way, Whitstable, CT5 3SE	01227 284314/5

